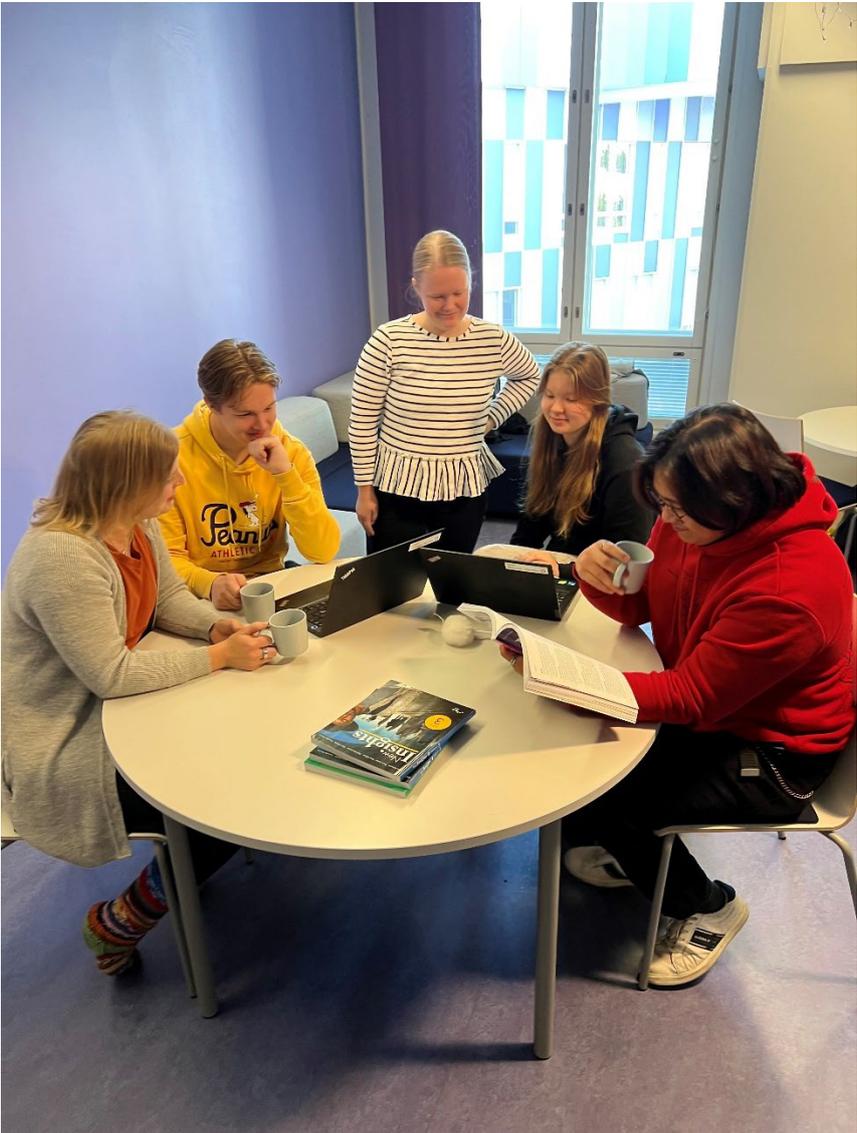


WELCOME TO KASTELLI HIGH SCHOOL



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[Kastelli High School](#) is situated at [Kastelli Community Centre](#) in Oulu. Under the same roof you can find day care, comprehensive school grades 1-9, high school, Oulu Upper Secondary School for Adults, immigrant education, community library and a youth centre. The building also offers excellent facilities with its gyms.

Kastelli High school offers a vast variety of study modules, for example, in humanities, natural sciences and languages. We also have a special program in sports which is administrated by the national Sports Academy and the Finnish Olympic Committee. Kastelli is one of the 15 sports high schools in Finland. Kastelli High School has been an active member in international exchange programs. We have partners in Italy, Spain, Germany, Norway, Poland, Hungary and Portugal. We aim to raise students' awareness of environmental and sustainable development issues in our school's "[Vihreä Lippu](#)" program which is part of the sustainable schools programme Eco-School.

STUDYING

The school year is divided into five periods. In each period students are expected to take five to six study modules (also known as courses) in order to graduate in three years. At the end of each period there is an evaluation week, during which students take the final exams or other activities in the study modules they have taken during the period.

General upper secondary education is free of charge for students, lunch included. All study materials are provided by the state.

The scale of grades used in numerical evaluation is 4-10:

- 10 excellent
- 9 very good
- 8 good
- 7 satisfactory
- 6 moderate
- 5 adequate
- 4 failed 😞

Some modules are evaluated with pass/fail (S/H).

Students who complete the upper secondary school syllabus take the national matriculation examination. Passing the exam entitles the graduates to continue their studies at university or polytechnic.



Kastelli High School offers the following subjects shown in the table below. The color codes symbolise compulsory (red) and elective (lilac and yellow) modules. Exchange students are free to choose any modules. The compulsory courses are obligatory only to students that take the national matriculation examination.

STUDY PLAN/Division into hours

LOPS2021

Mother language	ÄI	1	2	3	4	5	6	7	8	9	10	11	12	13	15	17	
	S2	1	2	3	4	5	6	7	8	9	10	11					
Swedish	B1	1	2		3	4	5	6	7	8	12	14					
A1-Language	A1	1	2		3	4	5	6	7	8	9	15	19				
A2-Language	A2	1	2		3	4	5	6	7	8	9	12					
B2-Language	B2			1	2	3	4	5	6	7	8	10					
B3-Language	B3	1	2	3	4	5	6	7	8	10							
Advanced Math	A	1	2	3	4	5	6	7	8	9	10	11	12	14	17	18	20-23
Math	B	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	
Biology		1	2	3	4	5	6	8	11	12							
Geography		1	2	3	4	6											
Physics		1	2	3	4	5	6	7	8	11	12	14					
Chemistry		1	2	3	4	5	6	7	12	13							
Filosofy		1	2	3	4												
Psychology		1	2	3	4	5	6	7	9	10							
History		1	2	3	4	5	6	8	13								
Social studies		1	2	3	4	7	8	9									
Religion/Ethics		1	2	3	4	5	6	7									
Healt Education		1	2	3	5												
Physical Ed.		1	2	3	4	5	6	8	13	18-19							
Music		1	(2)	3	4	5	6-12										
Art		1	(2)	3	4	5	6	10	14	17							
Guidance Couns.		1	2	4	5												
ICT		1	2														
Diplomas		KULD2	LILD4	MULD6													
Sport coaching		1	2	3	4	5	6	7	8	9	10	11	12	13-20			

	1 study points
	2 study points
	3 study points
	compulsory
	national specialisation
	schools specialisation
	abi course

A sport student can reduce 16 compulsory study points, but she/he has to do half of the compulsory studies.
A sport student has to do 150 study points all together, which can include 24-40 points of sport coaching.

Sports are included in school subjects. If you are an active athlete, contact our PE teachers and coaches about all the different possibilities our school has to offer to an exchange student.

The following is an exchange student's example timetable:

Time	Monday	Tuesday	Wednesday	Thursday	Friday
8:15-9:30		Music	Music	Music	Health ed.
9:45-11:00		English	Health ed.	Math	
11:10-12:25	Phys ed. 1	Phys ed. 2	Phys ed. 1		Phys ed. 2
12:25-13:15	Lunch break				
13:15-14:30	Health ed.		Math		Phys ed. 1
14:45-16:00	Math		Phys ed. 2	English	

YOUR ACADEMIC YEAR AT KASTELLI

During your exchange year your aim is to study circa 4 - 6 study modules in one period. This means about 12 - 18 lessons a week, and each lesson lasts 75 minutes. Passing a module includes attendance, homework, assignments and sitting the required tests. Absences have to be excused.

The study modules will be taught in Finnish. It is recommended that exchange students take additional Finnish lessons outside our curriculum. For further info: [Oulu Upper Secondary School for Adults](#) is situated in the same building.

Every student has a home room and a home room teacher. However, since the Finnish high school is non-graded, you will probably study with different students in each class depending on the study modules you have enrolled in. To plan your schedule, please contact our guidance counsellors. You can also get help from peer tutors, our support students. They help first year students and exchange students with practical matters at the beginning of high school, so that the school start is easy and smooth. Do not hesitate to contact any of them or the school's staff members, no matter how small your problem is. We are all here for you.

The year at Kastelli will also offer you all kinds of fun activities. The school year starts off with a gathering in the gym hall where all the teachers and peer tutors/support students are presented to the students. In February there is lively "Abigaala" which is a school leaving party for the senior students. Right after there is "Wanhojen tanssit", school prom, where our second-year students celebrate being the oldest students in school. They perform ballroom dances in formal attire which means evening gowns for girls and white ties for boys.

Additionally, you will take part in various cultural events, go to the theatre, movies, concerts and excursions etc. If you are into music, you can join the school band or the school choir. You can also work as a reporter for our school magazine, Osukki.

INFORMATION CHANNELS AT KASTELLI

Students are well-informed at Kastelli. This requires students to regularly follow current information on INFO-TV, [WILMA](#), which is the school information system online, bulletin boards and email. Students also have to participate in home room meetings which are held once or twice during each period.

On [our home page](#) you will find our daily schedule, placement of lessons and codes, selection of study modules, floor maps etc. You can also follow our school's [Instagram](#) for current events in school life.