

Autumn Term Timetable for Physical Education Grades 3-4

Week	Subject	Equipment	Location
34	Athletics	Outdoor P.E. clothing	School
35	Athletics	Outdoor P.E. clothing	School
36	Outdoor games	Outdoor P.E. clothing	School
37	Outdoor games	Outdoor P.E. clothing	School
38	Outdoor ball games	Outdoor P.E. clothing	School
39	Outdoor ball games	Outdoor P.E. clothing	School
40	Outdoor ball games	Outdoor P.E. clothing	School
41	Orienteering	Outdoor P.E. clothing	Ainola Park
42	Orienteering	Outdoor P.E. clothing	Ainola Park
43	Autumn Holiday	Enjoy and relax!	
44	City battle	Indoor P.E. clothing	OIS GYM
45	Indoor games	Indoor P.E. clothing	OIS GYM
46	Indoor games	Indoor P.E. clothing	OIS GYM
47	Gymnastics	Indoor P.E. clothing	OIS GYM
48	Gymnastics	Indoor P.E. clothing	OIS GYM
49	Indoor ball games	Indoor P.E. clothing	OIS GYM
50	Favourite games	Indoor P.E. clothing	OIS GYM
51	Favourite games	Indoor P.E. clothing	OIS GYM

Weather conditions may alter the plan. If it's raining, bring indoor clothing with you. The P.E. teacher makes that decision if needed.

Always bring appropriate clothing and **a small towel** for P.E. lessons! **Remember to take a shower after P.E. lessons when it is possible.** This is a part of your personal hygiene.

ALWAYS FOLLOW the instructions and safety precautions given by the teacher.

Support and respect others' efforts during P.E lessons. Do not take pleasure in others' misfortunes.

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