

Autumn Term Timetable for Physical Education Grades 1-2

Week	Subject	Equipment	Location
34	Outdoor games	Outdoor P.E. clothing	School
35	Outdoor games	Outdoor P.E. clothing	School
36	Teamwork skills through games	Outdoor P.E. clothing	School
37	Station exercises	Outdoor P.E. clothing	School
38	Outdoor ballgames	Outdoor P.E. clothing	School
39	Outdoor ballgames	Outdoor P.E. clothing	School
40	Outdoor ballgames	Outdoor P.E. clothing	School
41	Introduction to orienteering	Outdoor P.E. clothing	Schools playground
42	Introduction to orienteering	Outdoor P.E. clothing	Ainola Park
43	Autumn Holiday	Enjoy and relax!	
44	CB game	Indoor P.E. clothing	OIS GYM
45	Indoor games	Indoor P.E. clothing	OIS GYM
46	Indoor games	Indoor P.E. clothing	OIS GYM
47	Gymnastics	Indoor P.E. clothing	OIS GYM
48	Gymnastics	Indoor P.E. clothing	OIS GYM
49	Indoor ballgames	Indoor P.E. clothing	OIS GYM
50	Favourite games	Indoor P.E. clothing	OIS GYM
51	Favourite games	Indoor P.E. clothing	OIS GYM

Weather conditions may alter the plan. If it's raining, bring indoor clothing with you. The P.E. teacher makes that decision if needed.

Always bring appropriate clothing and **a small towel** for P.E. lessons! **Remember to take a shower after P.E. lessons when it is possible.** This is a part of your personal hygiene.

ALWAYS FOLLOW the instructions and safety precautions given by the teacher. Support and respect others' efforts during P.E lessons. Do not take pleasure in others' misfortunes.

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