

**You can find book
recommendations at
the OUTI Web Library
outi.finna.fi**

***The Ready – Set – Read reading challenge
is intended to get everyone into better
reading shape.***

*Any reader, no matter their starting point, is
welcome to join the challenge and start working
on their reading fitness. There are many ways to
enjoy literature: you can pick up a printed book,
listen to an audiobook, or read something online.*

*The Ready – Set – Read reading challenges
encourage reading and promote literacy among
Oulu residents. We aim to be the most literate
European Capital of Culture in 2026.*

***The Ready – Set – Read reading challenge
family comprises four different reading
challenges: The Ready – Set – Read reading
challenge for adults, the reading challenge for
pupils, the reading challenge for early
childhood education and care and families, as
well as the reading challenge for workplaces.***



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#Oulu2026 #LukevinKaupunni #OuluLukee



**Oulu2026
European Capital
of Culture**



OULU



**THE EUROPEAN
READING CAPITAL
OF CULTURE**

READY – SET – READ!

Reading Challenge for Workplaces



My name:

My workplace:

Studies suggest reading has many benefits to our well-being, including at work. Reading improves your ability to concentrate and helps ease stress. There's a great variety of literature, and it is easy to find something to read, that suits your taste from a broad selection. Non-fiction books can help you develop your professional skills, while fiction lets you take a break from work and unwind. So why not try and pick up a book? Maybe you could visit the library together with your coworkers?

Activate your reading muscles by doing the exercises! You can do the exercises in any order you want. After finishing an exercise, tick the box. When you are done with the challenge, have your colleague sign the form – this is a great icebreaker for talking about reading.

*Colleague's
signature:*

**Enjoy reading as you work
yourself into better
reading shape!**

EQUIPMENT

- ☐ 1. I have a library card.
- ☐ 2. I know where my library card is.
- ☐ 3. I have checked when the library closest to my workplace opens tomorrow.
- ☐ 4. I have chosen a book I will read next.
- ☐ 5. I can find the time of day when I would have time to read.

BASIC FITNESS

- ☐ 6. I thought about what the title of the book I have chosen brings to mind.
- ☐ 7. I read the first 30 pages of the book.
- ☐ 8. I read a book on my coffee break.
- ☐ 9. I finished the first book!
- ☐ 10. I have put together a list of books I want to read.

GROUP TRAINING

- ☐ 11. I was recommended a good book by a coworker / member of my network / the library.
- ☐ 12. I have talked with my coworker about our favourite books.
- ☐ 13. I gave a good reading tip to someone else.
- ☐ 14. I set up a book exchange at my job.
- ☐ 15. Our workplace has decided to start a book club.

PICKING UP THE PACE

- ☐ 16. I read the book both at work and at home.
- ☐ 17. I read for a longer time than I thought I had.
- ☐ 18. I got a coworker excited about reading as well.
- ☐ 19. I got a nice bookmark for myself.
- ☐ 20. I finished another book!

MAXIMUM TRAINING

- ☐ 21. I read for several days in a row – and I loved it!
- ☐ 22. We agreed to take 15-minute reading breaks at work.
- ☐ 23. We will ask an author or a literacy specialist to visit our workplace.
- ☐ 24. We agreed to participate in a reading-related event.
- ☐ 25. My plan is to read as much as I can during this year!

