Digital skills are crucial because they keep us up to date with technological advancements and help us make the most of new tools and applications. These essential everyday skills boost our independence, enhance well-being, and foster creativity. They also allow us to stay connected with friends and family worldwide. Competence in digital skills builds confidence and promotes inclusion in society.

You can find digital tips on the website:

ouka.fi/digital-support

ouka.fi/kirjaston-digituki

@ouka.fi/lukevinkaupunni

#0ulu2026 #LukevinKaupunni #0uluLukee





READY-SET-DIGI!

DIGITAL SKILLS CHALLENGE





Get your digital fitness in shape by completing the tasks below! You can tackle them in any order you like. Tick the box after finishing an exercise.

| | | The state of the s | | |
|----------------|-----|--|--|--|
| FOURTH | | | | |
| EQUIPMENT | | | | |
| | 1. | I restart my phone once a week. | | |
| | 2. | I know what makes a strong password and use different passwords for different services. | | |
| \bigcirc | 3. | I ensure my device is protected, for example, with a PIN or facial recognition. | | |
| \bigcirc | 4. | I did a major cleanup on my smart device, deleting unnecessary apps or extra photos. | | |
| BASIC FITNESS | | | | |
| | 5. | I read a news article from a news website. | | |
| \bigcirc | 6. | I took a photo of a place that is important to me with my smart device. | | |
| | 7. | I logged into the web library and checked my information. | | |
| \bigcirc | 8. | I found a delicious recipe online and baked or cooked something. | | |
| GROUP TRAINING | | | | |
| \bigcirc | 9. | I participated in a digital guidance session or shared a good digital skills tip with someone. | | |
| \bigcirc | 10. | I discussed the reliability and impartiality of different media with others. | | |
| \bigcirc | 11. | I shared a funny picture or meme with someone. | | |
| | 12. | I made a group call with family, friends, or colleagues. | | |

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|--|-----|---|--|--|
| \bigcirc | 13. | I identified a phishing message that was sent to my email or phone $\boldsymbol{\theta}$ | | |
| \bigcirc | 14. | I checked the website address in the browser's address bar and assessed its reliability. | | |
| | 15. | I used a map application to find and follow a route on my phone. | | |
| | 16. | I booked an appointment online, such as with a doctor or hairdresser. | | |
| MAXIMUM SPEED | | | | |
| \bigcirc | 17. | I listened to a book or read a magazine in the E-library or online service. | | |
| | 18. | I tested an AI service. | | |
| | 19. | I enabled two-factor authentication in at least one service. | | |
| | 20. | I explored digital crafting possibilities, like 3D printing or laser cutting, e.g. at the library's digital makerspace. | | |
| FINAL STRETCHES | | | | |
| | 21. | I took a break from social media for at least one day. | | |
| | 22. | I watched a film from the library's movie service. | | |
| | 23. | I watched a relaxing ASMR video or listened to a podcast. | | |
| \bigcirc | 24. | I read a printed book or magazine as a counterbalance to digital modes. | | |
| \bigcirc | 25. | I spent time in nature without digital devices. | | |
| The purpose of the Ready – Set – Digi! Challenge is to develop digital skills. | | | | |

Together with the Ready - Set - Read! Challenges, this challenge promotes the multiliteracy of Oulu residents and helps us achieve our common goal: Oulu will be the European Reading Capital of Culture in 2026.

The Digital Skills Challenge is also part of the STEAM in Oulu network's activities.

PICKING UP THE PACE

