

# 23rd Annual EAS Conference 2026, Oulu, Finland

**NOTE: This is a draft of the programme**

## Monday 5th October (Lasaretti Conference Center)

08:30 – 09:00 Registration (walking to conference center)

**09:00 – 09:50 Registration and Coffee**

10:00 – 10:30 Official Opening Ceremony of 23rd Annual EAS Conference 2026

10:30 – 10:40 Greetings from Ministry of Education and Culture

10:40 – 10:50 Greetings from Finnish Olympic Committee

10:50 – 11:30 Dual Career Panel Discussion

11:30 – 12:00 Programme will be announced later

**12:00 – 13:00 Active Break and Lunch**

13:00 – 13:10 Bengt Nybelius Award

13:10 – 13:30 Bengt Nybelius Award Presentation

13:30 – 13:50 Dual Career system in Finland

13:50 – 14:10 Dual Career system in Denmark

14:10 – 14:30 Dual Career system in Norway

14:30 – 14:50 Dual Career system in Sweden

14:50 – 15:10 Dual Career system in Iceland

**15:10 – 15:45 Group Photo and Coffee**

15:45 – 17:00 Nordic Dual Career Systems Workshops (2 x three parallel sessions)

**17:00 – 18:45 Freetime**

19:00 – 20:30 Official City of Oulu Reception



## Tuesday 6th October (Lasaretti Conference Center)

09:00 – 10:00 What the Game Taught Us, *Lasse Kukkonen & Jussi Jokinen, two former professional ice hockey players, multiple Olympic and WC medals*

### **10:00 – 10:10 Active Break**

10:10 – 11:10 Give Sport a Say Workshop, FIND ME platform presentation and Dual Career Parallel sessions

### **11:10 – 11:20 Active Break**

11:20 – 11:40 Brazilian Dual Career System and Transitions

11:40 – 11:50 Finnish Upper Secondary Sports Schools DC Research, University of Jyväskylä

11:50 – 12:00 Presenting the EAS Conference 2027

### **12:00 – 13:00 Active Break and Lunch**

13:00 – 14:30 EAS General Assembly (and Finnish national network meetings)

### **14:30 – 15:00 Active break and Coffee**

15:10 – 15:20 Findings about Elite Athlete Friendly Universities in Finland

15:20 – 16:00 The 5Cs Sports Psychology Framework

16:00 – 16:20 Striving for Success: Empowering Dual Careers in Sports and Studies

16:20 – 17:00 Supporting Dual Career; example from Finland, Athlete & Coach

### **17:00 – 19:30 Freetime**

19:30 – 23:00 Dinner at Lasaretti, Aurora Hall



**Wednesday 7<sup>th</sup> October (Raksila Sports Facilities, Kastelli Community Centre, Lasaretti)**

08:00 – 08:20 Bus to Raksila Sports Facilities

08:20 – 09:20 Oulu Sports Academy Morning Trainings

09:20 – 09:40 Bus to Kastelli Community Center

09:40 – 10:30 Tour de Kastelli & Sport Facilities

10:30 – 11:00 Bus to Lasaretti Conference Center

11:00 – 12:00 The Annual EAS 2026 Conference Closing Ceremony

**12:00 – 13:00 Lunch**

