

Pre-assignment: Sustainable Food

Before you come to the Final Event, we would like to ask all of you to prepare by watching two videos and reflect upon some questions in relation to the videos.

Video 1: [Sam Kass: A menu of foods we might lose forever | TED Talk](#)

The first video is by Sam Kass, who is an American chef and who was a political adviser on nutrition policy to Barak Obama. He talks about the effects that climate change will have on our food, and how it will impact us. The video is 12 minutes, and you can switch on English subtitles.

- **Question 1:** In the video, Sam Kass talks mainly about crops that are grown in tropical areas. We eat a lot of those foods, so changes in how to grow them will impact us too. However, in our arctic areas we already experience climate change much faster than other parts of the world. How do you think climate change will affect food production in our areas?
- **Question 2:** How would your everyday life be impacted by the changes in food availability that Sam Kass describes?

Video 2: [TEDxMasala - Dr Vandana Shiva - Solutions to the food and ecological crisis facing us today.](#)

The second video is about reasons for and solutions to unsustainable food production by Indian scholar Vandana Shiva. She is working on issues of organic agriculture, cultivated biodiversity, and food sovereignty for small scale farmers. Issues that we will also learn about during our study visit at Loue.

This is an old video, but it is still very relevant today. In the beginning of the talk, Vandana Shiva mentions the COP16 Climate Change Conference in Cancún, Mexico. This week, when you receive this pre-assignment, there is another climate conference happening. COP30 in Belén, Brazil. We don't yet know how the latest talks will go, but it seems likely that the lesson will be the same at both meetings. We cannot wait for politicians to solve these issues. We as citizens will have to create solutions together. The video is 12 minutes, and you can switch on English subtitles.

- **Question 3:** Both Sam Kass and Vandana Shiva come from different cultural contexts – and neither of them are Swedish nor Finnish. How do you think their different backgrounds and experiences impact their talks?
- **Question 4:** What do you think you can learn from both videos that can be useful to food and food production both globally, and in our areas?