A GUIDE for exchange students

OULU | Kastellin lukio
Welcome to Kastelli Upper Secondary School!

Kastelli Upper Secondary School is situated at Kastelli Community Centre in Oulu. Under the same roof you can find day care, comprehensive school, upper secondary school, Oulu Upper Secondary School for Adults, community library and a youth center. The building also offers excellent facilities for various sports with its gyms. Kastelli Community Centre homepage in English: http://www.ouka.fi/c/document_library/get_file?uuid=3c6df232-3cad-4abb-9311-fde49038d6d3&groupId=8115530

At Kastelli we specialize in natural sciences, sports (we are one of the 13 sports schools in Finland) and we also offer multiple courses in math and various languages. Kastellin lukio has been an active member in international exchange programs. We have partners in Italy, Spain, Germany, Norway, Poland, Hungary and Portugal. Our school is also “Vihreä Lippu”-koulu; an Eco-School which means that we aim to raise students’ awareness on environmental and related sustainable development issues through classroom study together with school and community action. More on Eco-Schools: http://www.vihrealippu.fi/vl/english

STUDYING
School year is divided into five periods. In each period students are expected to have five to six courses in order to graduate in three years. At the end of each period there is an exam week, during which students take the final exams in the courses they have studied during the period.

General upper secondary education is free of charge for students, lunch included. But the students must pay for the course books and, e.g. materials needed at arts.

The scale of grades used in numerical assessment is 4-10. Grade 5 indicates adequate, 6 moderate, 7 satisfactory, 8 good, 9 very good and 10 excellent. Grade 4 is failed. Some courses are assessed with passed/fail.

Students who complete the upper secondary school syllabus also take the national matriculation examination. Passing the exam entitles the candidates to continue their studies at university.

YOUR ACADEMIC YEAR AT KASTELLI
During your exchange year your aim is to study circa 4-6 courses in one period. This means about 12-18 lessons a week (each lesson lasts 75min.) Passing a course includes attendance, homework, sitting the required tests. Absences need to be cleared. The year at Kastelli will offer you all kinds of extra curriculum activities. The year starts off with the presentation of all the teachers, social of our first year students, led by our “tuutorit”, lively Abigaala, a school leaving party for our third year students, you will see and perhaps participate in “Wanhojen tanssit” where our second year students perform ballroom dances dressed up to the nines (evening gown for girls and white tie for boys.) Both of these will take place in February. Additionally you’ll take part in various cultural events, go to theatre, movies, concerts etc. Join the band or school choir if you are into music, or come work as a reporter for our school magazine, Osukki. Here is a video made by our schooling leaving class of 2015 https://www.youtube.com/watch?v=SA2Gl9Lb8X0 And here our teachers are getting it down http://www.youtube.com/watch?v=mCGywJo-Piw

The courses will be taught in Finnish. It is recommended that you take additional Finnish lessons outside our curriculum. For further info: Oulu Upper Secondary School for Adults situated in the same building. www.ouka.fi/oulu/oulun-aikuislukio.

Every student has a home room and a home room teacher. However, since our school is non-graded, you will be studying with different students in each class depending on the course. To plan your schedule, please contact our guidance counsellors. You can also get help from so called “tuutorit,” our support students.
At Kastelli we keep our students well-informed. This requires students to regularly follow current information. Daily and other activities are presented on INFO-TV, WILMA (intramural information channel, get your username & password at the office), bulletin boards, email, home group meetings (held once or twice during each period),

and on our [facebook page](https://www.facebook.com/kastellinlukio).

On our home page you will find our daily schedule, placement of lessons + codes, selection of courses, floor maps etc.

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**Guidance counsellors**

Anja Kunnari tel. 044 703 9864  [anja.kunnari@eduouka.fi](mailto:anja.kunnari@eduouka.fi)

Mervi Tuomela tel. 044 703 9844  [mervi.tuomela@ouka.fi](mailto:mervi.tuomela@ouka.fi)

**School nurse** tel. 044 7034 571

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Looking forward to having you as our student!
SOME USEFUL WORDS

high school lukio
term jakso
course kursi
course selection kursisarjonta
lesson oppitunti
curriculum opetussuunnitelma
report card todus
teacher opettaja
student opiskelija
staff henkilö
school koulu
lunch room ruokala
lunch lounas
office kanslia
principal rehtori
assistant principal vararehtori
guidance counsellor opinto-ohjaaja

subjects:
omer toung äidinkieli
English englanti
French ranska
physics fysiikka
biology biologia
history historia
philosophy filosofia
health studies terveys
ethics elämänkatsomus
music musiikki
IT ATK, tietoteknija

subjects:
Swedish svenska
German saksa
mathematics matematiikka
chemistry kemia
geography maantieto
social studies/civics yhteiskuntaoppi
psychology psykologia
religion uskonto
art liikunta
physical education tietoteknikka
home economics kotitalous

AND OULU DIALECT

onnikka bus mä, mä
ite me nä, nää
kahvi coffee ope
kärkkäri fried sausage (our fastfood)
olla öövinä act like there’re are no worries in the world
porista to talk hää!
reksi principal pöljä
Rotuaari pedestrian street känkky
veispuukki facebook

alakko nää mua? do you want to hang out with me?

GOOD LUCK WITH THOSE😊
USEFUL LINKS:


Villa Victor multicultural centre  

Our location on the map:  

Oulu public transport: 